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(54) PROCEDE DESTINE A LA PREPARATION D'UN ALIMENT PANE ET SURGELE

(54) METHOD OF PREPARING A FROZEN, BATTERED FOOD PRODUCT

(57)

The invention relates to a method of preparing a frozen, battered food product. The inventive method consists in, first, flouring the food product to be battered and applying a reconstituted batter to the floured food product, said batter containing a cellulose derivative which coagulates in a bath of hot water in the presence of water vapour. The battered food product is subsequently heated and coagulated using a standard infrared or microwave oven, such that the layer of coagulated batter does not break up when cooled. Finally, the product is cooled and frozen. The purpose of the invention is the elimination of the most problematic step in standard batter processes, namely pre-frying.



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(54) Title: METHOD OF PREPARING A FROZEN, BATTERED FOOD PRODUCT

(54) Título: PROCESO PARA LA PREPARACIÓN DE UN ALIMENTO REBOZADO Y CONGELADO

(57) Abstract: The invention relates to a method of preparing a frozen, battered food product. The inventive method consists in, first, flouring the food product to be battered and applying a reconstituted batter to the floured food product, said batter containing a cellulose derivative which coagulates in a bath of hot water in the presence of water vapour. The battered food product is subsequently heated and coagulated using a standard infrared or microwave oven, such that the layer of coagulated batter does not break up when cooled. Finally, the product is cooled and frozen. The purpose of the invention is the elimination of the most problematic step in standard batter processes, namely pre-frying.

(57) Resumen: El proceso se inicia con un enharinado del alimento a rebozar, continua con la aplicación, a dicho alimento enharinado, de una pasta de rebozado reconstituida cuya composición comprende un derivado de celulosa que coagula en un baño de agua caliente en presencia de vapor de agua. El proceso continúa con el calentamiento del alimento rebozado y coagula mediante horno convencional de microondas o infrarrojos, de modo que la capa de rebozado coagulado no se deshaga al enfriarse y concluye con el enfriado y congelación del producto. El objeto de la invención es eliminar la etapa más problemática de los procesos de rebozado clásicos: la pre-fritura.

**METHOD OF PREPARING A FROZEN, BATTERED FOOD PRODUCT****DESCRIPTION****OBJECT OF THE INVENTION**

5       The present invention is a new process to prepare a frozen, batter-coated food product. The fundamental object of the invention is to eliminate the stage of the equivalent conventional production process in which the food product is pre-fried in oil .

10       The process of the invention is applicable to all types of foods that can be batter-coated, including pieces of fish and other sea creatures, meat products and vegetable products, etc.

**BACKGROUND OF THE INVENTION**

15       The frying of food is a technique which is widely used as a method of food preparation in Spain. Batter-coated products are the most-consumed food products prepared using this technique.

20       The highest quality of batter-coated products is achieved when the fried products are soft and moist inside and are covered with a crispy layer or coating on the outside.

25       The energy necessary for frying is provided by the hot oil and part of this is absorbed by the food, which increases the amount of calories provided to the consumers.

30       A way of reducing the absorption of oil during the frying of batter-coated products is to incorporate substances such as proteins or hydrocolloids into the batter paste. A related patent is United States Patent no. 4 900 573, which proposes a formulation for batter coating that contains HPMC. This cellulose gives rise to a considerable reduction in oil-absorption by the food without losing the crispy quality desired by the  
35 consumer.

The use of microwave ovens has now become an alternative method to cook food, especially due to the lower fat content of the final product. Both in patent WO 0108513 and in WO 9303634 a batter-coated product is developed from a formulation that has celluloses incorporated. Said product is prepared in the traditional way (pre-frying in oil and freezing) while providing the advantage that for its final preparation it can be heated in a microwave oven without losing the textural characteristics desired by the consumer.

Once batter-coating formulations that reduce the absorption of oil in the food product have been developed and alternative methods to cook the final product have been studied, it would be desirable to find a process to replace the process of pre-frying in oil, which is the most problematic in the batter-coated product production process.

**GENERAL DESCRIPTION OF THE INVENTION [SUMMARY OF THE INVENTION]**

As stated above, the object of the invention is to eliminate the classic pre-frying in oil stage, with the problems derived therefrom. This is replaced by immersing the batter-coated product in a hot water bath. The coagulation of the batter coating is achieved thanks to the incorporation of celluloses in the formulation thereof. The celluloses used gel "per se" when immersed in a bath of hot water. An alternative method to prepare batter-coated food is thereby provided which, in addition to reducing the fat content of the final product, avoids the pre-frying stage, which is the most problematic part of the process.

In wider terms, the process of the invention consists of defrosting the substrate, pre-dusting, coating the substrate in batter, dripping off the excess, coagulating the batter coating in a hot water bath,

heating and freezing.

As has previously been noted, the process is applicable to the batter coating of squid rings, onion rings, portions of fish, chicken, mushrooms, courgette,  
5 etc.

In all cases, before processing, the substrate can be either kept frozen, at a temperature of  $-18^{\circ}\text{C}$  or lower, or not.

Other features of the invention will become evident  
10 in the course of the present description and are set out in the attached claims.

#### **PREFERRED EMBODIMENT OF THE INVENTION**

Irrespective of the process itself, the participation of specific pre-dusting and batter-coating  
15 products is required.

The pre-dusting phase improves the adhesion of the batter coating to the substrate. The pre-dusting mixture is fundamentally composed of wheat flour.

As regards the composition of the powdered batter-coating mixture, this includes flours, starches, hydrocolloids, salt, leaveners and water. The flours used  
20 can be wheat flour, corn flour or mixtures of both. Preferably, the formulation of the powdered batter coating mixture can contain between 40 and 95% by weight  
25 of wheat flour. The wheat flour can be of just one type or a mixture of different types. The formulation of the powdered batter coating mixture can contain between 2 and 40% by weight of corn flour.

The starches could be wheat, corn or rice starches.  
30 Preferably, the proportion of starch present in the formulation of the batter coating can vary from 0.1 to 30% by weight.

The hydrocolloids present in the powdered batter mixture are those responsible for the coagulation thereof  
35 in a water bath, thus avoiding the stage of pre-frying in

oil that is necessary to coagulate the batter coating in a conventional production process for batter-coated products. The composition of the powdered batter mixture used in the invention incorporates cellulose derivatives that gel in hot water. Preferably, it uses those cellulose derivatives which, at a concentration of 2% in water and a temperature between 15-25°C, give an apparent viscosity between 100 and 4000 cP (according to reference methods ASTM D1347 and ASTM D2363) and form a firm gel at temperatures of 55-90°C. More preferably, it uses those cellulose derivatives which, at a concentration of 2% in water and a temperature of between 14-25°C, give an apparent viscosity between 1100 and 2100 cP (according to reference methods ASTM D1347 and ASTM D2363) and form a firm gel at temperatures of 55-90°C.

The formulation of the powdered batter mixture may contain between 1 and 5% by weight of cellulose derivatives.

The salt is incorporated in the formulation to provide flavour and may be present in concentrations that vary between 1 and 10% by weight of the powdered batter mixture.

Bicarbonates and phosphates are the preferred leavening agents. Preferably, mixtures of bicarbonates and pyrophosphates which added together constitute between 2.5 and 6% by weight of the powdered batter are those that provide the desired sponginess to the final product.

For the preparation of the batter, the water must be at between 6 and 15°C. The prepared batter must be kept at 6-15°C throughout the batter-coating process.

The viscosity of the prepared batter affects the texture, colour, aroma, batter adhesion to the substrate, oil absorption in the final frying performed by the consumer and crispiness of the final product. The solids

content of the prepared batter paste is preferably 35-40% by weight. The appropriate apparent viscosity of the reconstituted batter paste can vary between 20,000 and 60,000 cP (Brookfield geometry, 2 rpm, spindle No.4),  
5 measured in a temperature range of 15-20°C.

Using these batter coating ingredients, the food to be batter-coated is pre-dusted, coated in the prepared batter paste and left to drip for a period of time that may vary between 5 and 10 seconds. Once the excess batter  
10 has dripped off, the batter-coated food product is immersed in a water bath at a temperature that may vary between 60 and 90°C for a time of 10 to 45 seconds.

The cellulose derivative added to the formulation acts on immersing the batter-coated food product in the  
15 hot water bath, producing the coagulation of the batter coating. The gel formed according to this process is thermo-reversible - it melts on cooling - and the coagulated batter-coated food product is, therefore, subjected to heating.

20 The heating can be performed in a conventional, microwave or infrared oven. Preferably, in a conventional oven the coagulated batter-coated product will be heated for 1.5 to 5 minutes at a temperature between 200 and 280°C. Preferably, in a microwave oven the coagulated  
25 batter-coated product will be heated for 10 to 30 seconds at a power that may vary between 400 and 800 W. Preferably, in an infrared oven the coagulated batter-coated product will be heated for 3 to 8 minutes in a temperature range of 200-250°C.

30 After heating, the product thus produced is cooled, packaged and frozen for storing at temperatures of -18°C or lower.

The final product produced by following the process of this invention has the same texture, taste and colour  
35 properties as a product produced by following the

traditional process of pre-frying in oil, with the advantage that fats from the pre-frying stage are not incorporated into its composition. Another additional advantage of the process of this invention, perhaps one  
 5 of the most important advantages at an industrial level, is the elimination of industrial fryers, thus saving energy, reducing the costs relating to oil, quality control and maintenance and elimination of the wastes, as well as avoiding the dangers entailed by working at such  
 10 high temperatures and in the presence of gases originated by the overheating of oil.

Example:

Frozen batter-coated squid rings were prepared in accordance with the method of the invention, using the  
 15 following stages:

The squid rings were pre-dusted.

They were then coated in the reconstituted batter which contains the ingredients set out in table 1.

Subsequently, the coated product was coagulated in a  
 20 water bath, followed by a heating stage.

Finally, it was frozen.

Table 1

Table of components:

	Wheat flour	79.3%
25	Wheat starch	10%
	Methylcellulose	1.5%
	Salt	5.5%
	Sodium glutamate	0.6%
	Sodium bicarbonate	1.32%
30	Sodium pyrophosphate	1.78%

The product is manufactured in the following manner:

- The squid rings are defrosted.
- They are blanched by immersing them in boiling water.
- 35 - They are pre-dusted.

- The batter is prepared by beating the dry ingredients in table 1 with water at 10°C in the proportion of 1:1.2 by weight.
- The squid rings are coated in the batter, which is prepared and kept at 10-15°C, and are left to drip for between 5 and 10 seconds.
- The rings are immersed in a hot water bath at 70-80°C for 20-30 seconds.
- The batter-coated squid rings are heated in a microwave oven for 20 seconds at 700W.
- The final product is frozen.

CLAIMS

1. Process to prepare a frozen, batter-coated food product, having the object of eliminating the classic  
5 pre-frying stage, which process is characterized by comprising:

- (a) pre-dusting the food product to be batter-coated
- 10 (b) applying a prepared batter to the dusted food product; the composition of said batter comprises a cellulose derivative that coagulates in a hot water bath or in the presence of water vapour.
- 15 (c) heating the coagulated, batter-coated food product in a conventional, microwave or infrared oven so that the coagulated batter coating layer does not melt on cooling due to thermo-reversibility.
- 20 (d) cooling and freezing of the heated product.

2. Process to prepare a frozen, batter-coated food product, according to claim 1, characterized in that the powdered batter mixture contains a cellulose derivative which, at 2% by weight of concentration in water and a  
25 temperature between 15 and 25°C, has an apparent viscosity between 100 and 4000 cP and forms a firm gel at a temperature between 55 and 90°C.

3. Process to prepare a frozen, batter-coated food  
30 product, according to claims 1 and 2, characterized in that the powdered batter mixture contains a cellulose derivative which, at 2% by weight of concentration in water and a temperature between 15 and 25°C, has an apparent viscosity between 1100 and 2100 cP.

35

4. Process to prepare a frozen, batter-coated food product, according to claims 1 to 3, characterized in that the powdered batter mixture contains between 1 and 5% by weight of the cellulose derivative.

5

5. Process to prepare a frozen, batter-coated food product, according to claims 1 to 3, characterized in that the powdered batter mixture contains wheat flour.

10 6. Process to prepare a frozen, batter-coated food product, according to claim 5, characterized in that the powdered batter mixture contains a gluten-free wheat flour.

15 7. Process to prepare a frozen, batter-coated food product, according to claim 5, characterized in that the powdered batter mixture contains a thermally treated wheat flour.

20 8. Process to prepare a frozen, batter-coated food product, according to claims 1 to 7, characterized in that the powdered batter mixture contains between 40% and 95% by weight of flour.

25 9. Process to prepare a frozen, batter-coated food product, according to claims 1 to 8, characterized in that the powdered batter mixture contains between 0.1% and 30% by weight of starch.

30 10. Process to prepare a frozen, batter-coated food product, according to claims 1 to 9, characterized in that the powdered batter mixture contains a leavening mixture of bicarbonate and phosphates that together constitute between 2.5 and 6% by weight.

35

11. Process to prepare a frozen, batter-coated food product, according to claim 10, characterized in that the phosphates may or may not be a binary mixture of phosphates.

5

12. Process to prepare a frozen, batter-coated food product, according to claims 1 to 11, characterized in that the powdered batter mixture may contain salt, flavourings and/or colourings.

10

13. Process to prepare a frozen, batter-coated food product, according to claims 1 to 12, characterized in that the powdered batter mixture is reconstituted with running water [vale si significa "agua que corre"; si  
15 quiere decir "agua de red" será "mains water"] so that the total solids range from 35 to 45% by weight.

14. Process to prepare a frozen, batter-coated food product, according to claim 13, characterized in that the  
20 water for the preparation is at a temperature between 6 and 15°C.

15. Process to prepare a frozen, batter-coated food product, according to claims 1 to 14, characterized in  
25 that the prepared batter is kept at a temperature between 6 and 15°C throughout the batter coating process.

16. Process to prepare a frozen, batter-coated food product, according to claims 1 to 15, characterized in  
30 that the prepared batter mixture has an apparent viscosity between 20,000 and 60,000 cP when measured at between 15 and 20°C.

17. Process to prepare a frozen, batter-coated food  
35 product, according to claims 1 to 16, characterized in

that the prepared batter mixture is immersed in a water bath at a temperature between 60 and 90°C for a time between 10 and 45 seconds to create a coagulated exterior layer.

5

18. Process to prepare a frozen, batter-coated food product, according to claims 1 to 17, characterized in that the coagulated batter-coated food product is heated in a microwave oven for a time between 10 and 30 seconds at a power between 400 and 800 watts.

10

19. Process to prepare a frozen, batter-coated food product, according to claims 1 to 17, characterized in that the coagulated batter-coated food product is heated in a conventional oven for a time between 1.5 and 5 minutes at a temperature between 200 and 280°C.

15

20. Process to prepare a frozen, batter-coated food product, according to claims 1 to 17, characterized in that the coagulated batter-coated food product is heated in an infrared oven for a time between 3 and 8 minutes at a temperature between 200 and 250°C.

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